

PRK What To Expect During Treatment Day

PROCEDURE

- Wear comfortable clothing. All make-up should be removed.
- Please arrange for a driver to transport you to and from LasikPlus on the day of your treatment.
- Contact lenses must be removed prior to treatment as follows:
 - Hard lenses: at least 3 weeks
 - Gas Permeable Rigid lenses: at least 3 weeks
 - Soft lenses: as directed by your doctor
- Prior to your treatment, you will receive drops to prevent discomfort during the procedure.
- The non-operative eye may be patched or taped closed to better align your other eye for treatment.
- It will take a few minutes to properly position you under the microscope.
- You will be asked to focus on a flashing light throughout the procedure. Your doctor will monitor your eye through the microscope at all times.
- There will be two parts to your treatment. First, the doctor will prepare the surface of your eye. Then you will hear a vacuum-like sound accompanied by a metallic tapping as the laser gently alters the refractive curvature of your eye.
- The actual laser treatment takes between 15 and 60 seconds.
- Afterwards, the doctor may apply a soft contact lens to serve as a bandage to help your eyes heal.
- It will be best to rest for a few hours after your treatment.
- A cold-pack placed gently over the eyes may be used to ease any discomfort.

POST-TREATMENT

- Wear comfortable clothing. All make-up should be removed. Over the next week, use the eye drops as prescribed. Remember, drops start 2-4 hours after your treatment (as directed by your doctor). You will receive written instructions immediately following your treatment. These drops are very important to ensure proper healing.
- Do not rub or squeeze your eye(s); this may knock the bandage contact lens out of your eye. If the bandage contact lens does fall out of your eye DO NOT try to put it back in — Call LasikPlus Vision Center immediately.
- You may experience the following sensations after your surgery:
 - Burning** — This usually occurs within 12 to 48 hours. It may feel like sand in your eye(s). You will be given some medication to take to keep you comfortable.
 - Watering/Tearing** — Your eye(s) will probably water, or tear, for the first couple of days. Remember not to rub your eye(s) — just dab gently.
 - Red/Swollen Eyes** — Your eye(s) may be slightly red and swollen during the first 48 hours. This is perfectly normal.
 - Blurriness** — Your vision may be blurry for the first 48 to 72 hours and will gradually clear. You may notice a significant improvement by the end of the first week.
 - Ghosting/Glaring** — During the first few weeks, your vision may fluctuate slightly or you may experience some ghosting or glare. This is normal and will improve.
 - Light Sensitivity** — You may experience increased sensitivity to light for the first few days after treatment. A good pair of sunglasses will help.
- Sometimes the doctors will choose to perform the PRK procedure on one eye at a time and treat the second eye on a later date after the first eye has healed significantly. If you wear glasses, you may want to remove the lens on the operative side. If you are a contact lens wearer, you may wear your contact lens in your untreated eye.